

# KI-AIKIDO EXAMINATION CRITERIA

## *Hitoriwaza*

## *Kumiwaza*

### 5. Kyu

1. Udefuri waza
2. Udefuri chōyaku waza
3. Tenkan waza
4. Sayūwaza
5. Sayūchōyaku waza
6. Ushiro Ukemi waza
7. Zempō Kaiten waza

1. Katate Kosadori Kokyūnage
2. Katatedori Ryōtemochi Kokyūnage Tobikomi
3. Katatedori Tenkan Kokyūnage
4. Katatedori Ikkyō irimi
5. Zagi Ryōtedori Kokyūnage irimi

### 4. Kyu

1. Ikkyō waza
2. Zengo waza
3. Happo waza
4. Zenshin Koshin waza
5. Zenshin Koshin chōyaku waza

1. Katatedori Shihōnage (ir/tk)
2. Yokomenuchi Shihōnage (ir/tk)
3. Katadori Ikkyō (irimi/tenkan)
4. Katatedori Ryōtemochi Kokuynage Enundo
5. Shōmenuchi Koteoroshi
6. Munatsuki Koteoroshi

### 3. Kyu

1. Nikyō waza
2. Koteoroshi waza
3. Sankyō waza
4. Funakogi waza
5. Ushirodori waza

1. Katadori Nikyō (irimi/tenkan)
2. Katate Kosadori Makikaeshi
3. Ryōtedori Kokyūnage (get rid of the hold)
4. Katatedori Kokyūnage irimi
5. Munatsuki Ikkyō
6. Munatsuki Zempōnage
7. Yokomenuchi Kokyūnage
8. Shōmenuchi Kokyūnage
9. Ushirotekubidori Kokyūnage (Uragaeshi)
10. Ushirotekubidori Zempōnage
11. Ushirodori Kokyūnage

### 2. Kyu

1. Kaho Tekubi Kosa waza
2. Joho Tekubi Kosa waza
3. Ushiro Tekubidori zenshin waza
4. Ushiro Tekubidori koshin waza

1. Katadori Sankyō (irimi/tenkan)
2. Katate Kosadori Kirikaeshi
3. Ryōtedori Tenchinage (irimi/tenkan)
4. Ryōtedori Kokyūnage
5. Ushiro Tekubidori Ikkyō
6. Ushiro Tekubidori Koteoroshi
7. Ushiro Tekubidori Kubijime Sankyō (both sides)
8. Katatedori Ryōtemochi Kokyūnage (irimi/tenkan)
9. Shōmenuchi Ikkyō
10. Yokomenuchi Zempōnage
11. Zagi Ryōtedori Kokyūnage (3 techniques)

### 1. Kyu

1. Shikko

1. Katadori Yonkyō (irimi/tenkan)
2. Yokomenuchi Koteoroshi (irimi/tenkan)
3. Shōmenuchi Zempōnage
4. Katatedori Kaitennage (irimi/tenkan)
5. Munatsuki Kaitennage
6. Katatedori Ryōtemochi Zempōnage (3 techniques)
7. Ryōtedori Zempōnage (3 techniques)
8. Ushiro Ryōkatadori Kokyūnage (3 techniques)
9. Zagi Handachi Shōmenuchi Kokyūnage
10. Zagi Handachi Munatsuki Koteoroshi
11. Zagi Handachi Yokomenuchi Zempōnage

## **SHODAN - 1. DAN**

1. Katatedori (6 techniques)
2. Katatedori Ryōtemochi (6 techniques)
3. Yokomenuchi (6 techniques)
4. Ushirodori (6 techniques, including Ushirotekubidori Kubishime)
5. Suwariwaza (6 techniques)
6. Tsuzukiwaza 21 (Tantodori 1)
7. Tsuzukiwaza 25 (Jo 1)
8. Tsuzukiwaza 29 (Bokken 1)
9. Sanningake (3 persons attack)

## **NIDAN - 2. DAN**

1. Ryōtedori (6 techniques)
2. Shōmenuchi (6 techniques)
3. Tsuki (6 techniques)
4. Zagi Handachi (6 techniques)
5. Tsuzukiwaza 18 (Ushiro Ryokatadori)
6. Tsuzukiwaza 22 (Tantodori 2)
7. Tsuzukiwaza 23 (Bokkendori)
8. Tsuzukiwaza 26 (Jo 2)
9. Tsuzukiwaza 30 (Bokken 2)
10. Yonningake (4 persons attack)

## **SANDAN - 3. DAN**

1. Tsuzukiwaza 4 (Ryokatadori)
2. Tsuzukiwaza 7 (Tsuki & Keri)
3. Tsuzukiwaza 12 (Katatedori Ryotemochi)
4. Tsuzukiwaza 13 (Yokomenuchi)
5. Tsuzukiwaza 17 (Tsuki)
6. Tsuzukiwaza 24 (Jodori)
7. Tsuzukiwaza 27 (Jo and Bokken 1)
8. Tsuzukiwaza 31 (Bokken Kumiwaza 1)
9. Tsuzukiwaza 10 (Taninzugake)

## **YONDAN - 4. DAN**

1. All Hitoriwaza
2. Tsuzukiwaza 19 (Katadori Menuchi)
3. Tsuzukiwaza 20 (Jonage)
4. Tsuzukiwaza 28 (Jo and Bokken 2)
5. Tsuzukiwaza 32 (Bokken Kumiwaza 2)
6. Tsuzukiwaza 33 (Shinken)